### East Midlands Mindfulness Conference info

### **Travel**

### By car

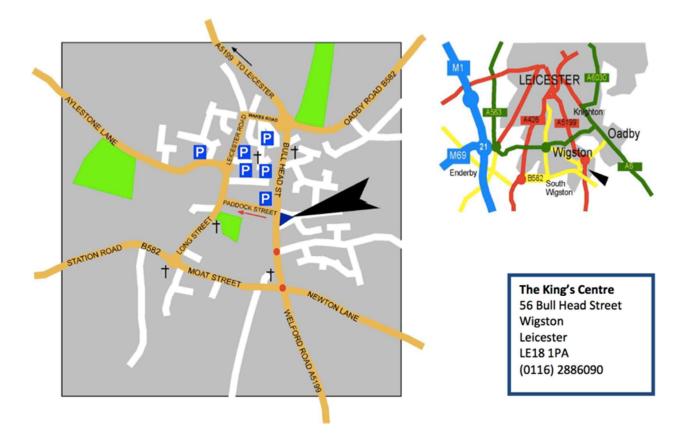
If travelling from Leicester, take the A5199 Welford Road to Wigston. On reaching the roundabout with the junction with the B582 Oadby Road (with McDonald's on the right) continue straight onto Bull Head Street. The King's Centre is located at the bottom of the hill just past Kwik Fit, opposite B&Q and Aldi.

If travelling from South Wigston, Kilby, Husbands Bosworth or Newton Lane, on reaching the traffic lights at the ESSO garage follow the A5199 Bull Head Street towards Leicester. The King's Centre is located after approximately 200m on the right opposite ALDI and B&Q just after the Fire and Police stations.

If you are travelling from the South on the M1, it is quicker to exit at Junction 20 (Lutterworth) rather than Junction 21, and follow the A4303 to Husband's Bosworth and then the A5199 to Leicester (Wigston).

### **Parking**

There are a number of car parks in Wigston as shown on the map below. The closest is on Paddock Street which has 77 spaces and the largest is Junction Road (off Wakes Road) which has 134 spaces. Junction Road is 5 minutes' walk from The King's Centre. Both car parks have a charge of £3 all day. We politely request that you do not park on the streets surrounding The King's Centre out of consideration for our neighbours. Please be aware that the B&Q/Aldi car park should not be used for this event. This is because the parking time is restricted to 90 minutes after which the Parking Eye camera will fine you £70.



# By Bus

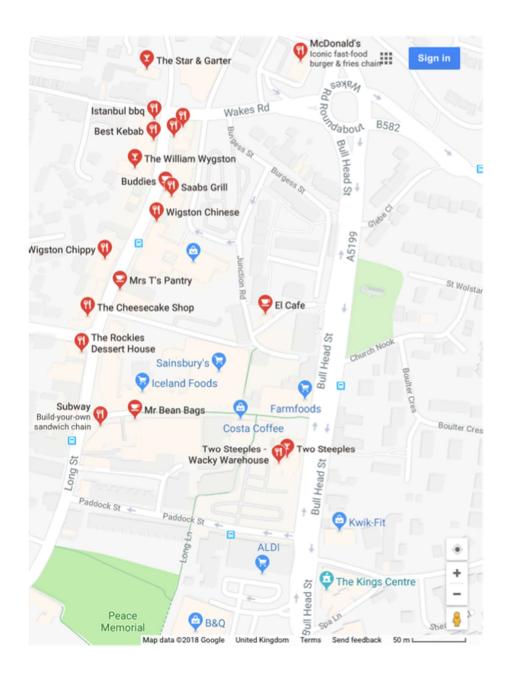
The number 42,43,47,48 and 49 buses all run between Wigston and Leicester City Centre. Ask for Paddock Street or Bull Head Street.

#### Refreshments

Pastries will be available on arrival and tea, coffee, soft drinks and snacks will be available free of charge all day.

## **Lunch Options**

Please bring a packed lunch with you or take a short walk into Wigston to buy your lunch from one of the following outlets:



## **Meadows Community Church Info**

We are a church based in Wigston, Leicestershire whose vision is to introduce our local community to the life-changing love of Jesus Christ. We are affiliated to New Wine and the Evangelical Alliance.



www.meadowscc.org.uk

facebook.com/meadowscommunitychurch

mike.p@meadowscc.org.uk